The Key Role of the Western Boundary in Linking the AMOC Strength to the North–South Pressure Gradient

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ABSTRACT

A key idea in the study of the Atlantic meridional overturning circulation (AMOC) is that its strength is proportional to the meridional density gradient or, more precisely, to the strength of the meridional pressure gradient. A physical basis that would indicate how to estimate the relevant meridional pressure gradient locally from the density distribution in numerical ocean models to test such an idea has been lacking however. Recently, studies of ocean energetics have suggested that the AMOC is driven by the release of available potential energy (APE) into kinetic energy (KE) and that such a conversion takes place primarily in the deep western boundary currents. In this paper, the authors develop an analytical description linking the western boundary current circulation below the interface separating the North Atlantic Deep Water (NADW) and Antarctic Intermediate Water (AAIW) to the shape of this interface. The simple analytical model also shows how available potential energy is converted into kinetic energy at each location and that the strength of the transport within the western boundary current is proportional to the local meridional pressure gradient at low latitudes. The present results suggest, therefore, that the conversion rate of potential energy may provide the necessary physical basis for linking the strength of the AMOC to the meridional pressure gradient and that this could be achieved by a detailed study of the APE to KE conversion in the western boundary current.

1. Introduction

The Atlantic meridional overturning circulation (AMOC) transports heat poleward, and so has a significant role in high-latitude climate (e.g., Manabe and Stouffer 1988, 1999; Vellinga and Wood 2002). It is increasingly recognized that understanding its variability and propensity to change requires understanding the links between the sinking rate, the surface density distribution, and the thermal structure of the oceans (Gnanadesikan et al. 2007). Of particular interest is the relationship between some measure of the Atlantic meridional density gradient and the AMOC strength, which many studies have assumed to be linear (e.g., Robinson and Stommel 1959; Rahmstorf 1996). This generally involves the use of an unconstrained scaling constant, or “fudge factor.” A central objective of this paper is to seek a more physical basis for this constant.

Classical scaling (Robinson and Stommel 1959; Robinson 1960) uses the geostrophic thermal wind equation to give a relationship

\[ V = \frac{(g/f)(\Delta \rho/\rho_0)(H/L_x)}{f}, \]

where \( V \) is a scale for the meridional velocity, \( f \) is the Coriolis parameter, \( \Delta \rho \) is the zonal density gradient.
across the basin, \( L_x \) is a zonal length scale, \( H \) is a characteristic depth of the meridional velocities in the upper flow, and \( \rho_0 \) is an average ocean density. This approach relates to the upper flow of the AMOC, with \( V \) located there. To arrive at a relationship involving \( \Delta \rho \), Robinson (1960) links \( \Delta \rho \) to \( \Delta x \rho \) via an ad hoc assumed proportionality \( V \propto U \). Marotzke (1997) lists plausible assumptions to justify this type of link. Wright and Stocker (1991) introduce an ad hoc parameterization of the zonal pressure gradients in terms of the zonal pressure gradient in their two-dimensional latitude–depth ocean model, whereas Wright et al. (1995) solve this issue with zonally averaged models by using a dynamical link between vorticity dissipation in the western boundary (WB) layer and the meridional overturning circulation.

Classical scaling \( M \propto gH^2 \Delta \rho \) for the overturning strength \( M = HV \) yields a linear scaling in \( \Delta \rho \) when \( H \) remains constant. This is found in simulations with ocean general circulation models (OGCMs) where surface freshwater fluxes change by Rahmstorf (1996) and others (e.g., Hughes and Weaver 1994; Thorpe et al. 2001; Levermann and Griesel 2004; Griesel and Morales-Maqueda 2006; Dijkstra 2008). In theories where the return flow is linked to \( H \) by diffusion (Bryan 1987) or by Southern Ocean (SO) eddies (Gnanadesikan 1999), a different scaling is found. In particular, Gnanadesikan (1999) keeps \( \Delta \rho \) fixed, and a cubic equation in \( H \) is found by closing the mass balance. Levermann and Fürst (2010) conduct an extensive range of OGCM simulations and find that both \( H \) and \( \Delta \rho \) are free to change, depending on the nature of the applied perturbation. Park and Whitehead (1999) show a quadratic scaling between flow and an idealized density difference in laboratory experiments, extending the evidence for scaling laws beyond the realm of numerical models.

Instead of using geostrophy, Gnanadesikan (1999) based his scaling law on the balance \( A_H \left( \frac{\partial^2 v}{\partial^2 x} \right) = (1/p) \left( \frac{\partial p}{\partial y} \right) \) in the (upper) western boundary current (WBC). Note that he chooses \( \Delta \rho \) to remain fixed for his purposes and leaves \( H \) free to evolve. Here, \( A_H \) is the horizontal viscosity, gradients in pressure \( p \) arise from sea surface height gradients, and \( \rho \) is density. This procedure avoids the need to link the zonal and meridional pressure gradients, but a free constant representing the effects of geometry and boundary layer structure now enters the scaling. This factor is chosen to obtain the overturning rate of his numerical ocean model. Schewe and Levermann (2010) use essentially this scaling to arrive at a linear scaling for the relationship between the meridional density gradient at 1100-m depth and the North Atlantic Deep Water (NADW) outflow rate. This viscous western boundary current approach appears distinct from the approach based on geostrophy, and the relationship between the various approaches is unclear.

Appropriate to their stated purposes, scaling studies make general statements about power laws between diagnostics and so tend to involve an undetermined scaling constant. This fudge factor can be chosen relatively arbitrarily to arrive at the desired overturning rate. In the present study, we wish to obtain its value explicitly from density properties that appear in the local momentum balance in the numerical model. Here, the meridional slope of the Antarctic Intermediate Water (AAIW)–NADW interface at the western Atlantic boundary turns out to be key.

In addition to examining the nature of the scaling constant, further insight into the relationship between the meridional (frictional) argument (e.g., Gnanadesikan 1999; Schewe and Levermann 2010) and the geostrophic argument (e.g., Robinson 1960; Marotzke 1997) is given via the shape of the interface between the NADW and AAIW water masses. Our approach is related to the scaling study of Schewe and Levermann (2010), and we build on their approach by relating the meridional pressure gradient at the NADW depth range to the overlying interfacial surface \( h \) between NADW and AAIW locally. Furthermore, we find a formula for the overturning rate in terms of basic model parameters (e.g., viscosity), the depth of the flow and the meridional slope of the AAIW–NADW interfacial isopycnal in the WB, and the meridional density gradient.

2. The model and experimental design

We use version 2.8 of the intermediate complexity global climate model described in detail in Weaver et al. (2001). This consists of an ocean general circulation model [Geophysical Fluid Dynamics Laboratory (GFDL) Modular Ocean Model (MOM), version 2.2; Pacanowski 1995] coupled to a simplified one-layer energy–moisture balance model for the atmosphere and a dynamic–thermodynamic sea ice model of global domain and horizontal resolution 1.8° longitude × 1.8° latitude (note that the zonal resolution is greater than in the standard configuration). The number of vertical levels has been increased from the standard 19 levels to 51 levels, with enhanced resolution in the upper 200 m. This is to better resolve isopycnal slopes, a quantity discussed in this paper. We implemented the turbulent kinetic energy (KE) scheme of Blanke and Delecluse (1993) based on Gaspar et al. (1990) to achieve vertical mixing due to wind and vertical velocity shear. A rigid-lid approximation is used. The bathymetry consists of a flat bottom at 5500-m depth with a 2500-m-deep sill at Drake Passage and incorporates two idealized basins and a circum-polar Southern Ocean (as shown in Fig. 3). Heat and moisture transport takes place via advection and Fickian diffusion. We employ a latitudinally varying atmospheric
moisture diffusivity, as described in Saenko et al. (2003). Air–sea heat and freshwater fluxes evolve freely in the model, but a noninteractive wind field is employed. The wind forcing consists of zonal averages of the National Centers for Environmental Prediction–National Center for Atmospheric Research (NCEP–NCAR) reanalysis fields (Kalnay et al. 1996), averaged over the period 1958–1997 to form a seasonal cycle from the monthly fields. Oceanic vertical mixing in the control case is represented using a diffusivity that increases with depth, taking a value of 0.1 cm² s⁻¹ at the surface and increasing to 0.4 cm² s⁻¹ at the bottom. The effect of subgrid-scale ocean eddies on tracer transport is modeled by the parameterizations of Gent and McWilliams (1990), using identical thickness and isopycnal diffusivity of 500 m² s⁻¹.

Neutral physics in regions of steeply sloping isopycnals is handled by quadratic tapering as described by Gerdes et al. (1991), using a maximum slope of 1 in 100. We will refer to this model as the numerical model or the GCM to distinguish it from our analytical model. The model has been integrated for 5500 yr.

3. Results

a. GCM circulation and water masses

Figure 1 shows the Atlantic meridional streamfunction. A northern sinking cell overlies an Antarctic Bottom Water (AABW) cell of about 3 Sv (1 Sv = 10⁶ m³ s⁻¹), which is separated around 2500-m depth. The NADW outflow of 10.5 Sv and deep sinking of 18 Sv is similar to that found, for instance, in the realistic bathymetry configuration of the University of Victoria (UVic) model discussed in Sijp and England (2004). Most of the NADW recirculation occurs at high northern latitudes (north of 45° N), and equatorial upwelling is limited. The lower limb of the AMOC consists of a narrow, deep WB current (DWBC) at low latitudes, as shown for 2160-m depth in Fig. 2. No significant horizontal recirculation occurs inside the basin interior, and flow is confined to the WB.

The NADW and AAIW water masses in the Atlantic are moving in opposite directions (see Fig. 1), and it is of interest to examine an interfacial isopycnal between the two (shown in Fig. 3). Along the western boundary, exhibits shoaling north of the equator and deepening to the south. The low-latitude interior of is relatively horizontal, whereas deepens and then shoals at higher latitude as one moves to the northern boundary. These features are absent in the Pacific basin, where deep sinking is absent, and therefore are likely to be a signature of deep-water formation in the Atlantic. The meridional slope in the interior of away from the equator is associated with significant zonal flow fed by deep sinking along the northern boundary and the Antarctic Circumpolar Current (ACC) at the southern boundary, as can be seen for the Northern Hemisphere in Fig. 2. Here, we will limit discussion to the low latitudes, where the slope of in the interior is relatively weak, and deep flow is generally meridional along the WB.

b. Conceptual model and relationship between the interface depth and the circulation

Figure 4 shows a schematic side-on view of the AMOC lower limb (here the southward flow of NADW) and the overlying AAIW in the Atlantic at low latitudes, where the fluid is divided into two homogenous layers. The
idealized flow is imagined to take place in the central (narrowest) basin shown in Fig. 3, where the formation of NADW is located, and this basin is referred to as the Atlantic. We take a two-dimensional scalar $h$ such that $z = h(x, y)$ coincides with an isopycnal on the water mass interface, which is also denoted by $h$. Note that we choose $z$ to increase upward with $z = 0$ at the surface. In the ocean interior away from the WB, the surface $h$ has negligible zonal slope $\partial h/\partial x$ and meridional slope $\partial h/\partial y$ (dashed line), whereas $h$ has a positive meridional slope $\partial h/\partial y$ at the WB (solid line). Note that this implies that the surface has a finite $\partial h/\partial x$ there.

Fig. 2. Direction of NADW flow at 2160-m depth in the Atlantic. A typical velocity in the WBC is 3 cm s$^{-1}$. Taken from 10-yr average.

Fig. 3. Depth of isopycnal $h$ that lies between the AAIW and NADW tongues in the Atlantic (depth in meters). The narrow basin displayed near the center of the figure is identified with the Atlantic basin. We generally take $x = 0$ at the WB of this basin. Taken from 10-yr average.
FIG. 4. Schematic representation of AMOC lower limb and the AAIW–NADW interface \( h \). The interface \( h \) assumes its average depth and has a very small latitudinal \( (y) \) slope in the interior away from the WB (dashed), and it has a constant positive latitudinal slope at the boundary (solid), where it attains its average value only at the equator (where the solid and dashed lines intersect). The vertical displacement of \( h \) from its average depth at the WB leads to a zonal pressure gradient and a meridional flow \( v \), where the direction into the page is indicated by a cross inside a circle (on the right) and out of the page by a very small cross inside a circle (on the left).

We will see that \( \partial h/\partial y \) has an approximately constant value \( s_y \) along the western boundary, where we define \( s_y = (\Delta h/\Delta y)|_{\text{WB}} \) with the change \( \Delta \) taken between 10\(^\circ\)S and 10\(^\circ\)N. For convenience, we take \( x = 0 \) at the WB, so that \( h|_{\text{WB}} = h(0, y) \). The general flatness of \( h \) away from the WB at low latitudes in the Atlantic (Fig. 3) means that \( h \) remains very close to its average value \( \overline{h} \) (at low Atlantic latitudes) almost everywhere, except in the WBC. We see from Fig. 3 that \( h(0, 0) \approx \overline{h} \) [i.e., \( h \) attains its low-latitude (e.g., between 20\(^\circ\)S and 20\(^\circ\)N) basin-average value \( \overline{h} \approx 1250 \text{ m at the equator} \)]. Namely, \( h(0, y) \) is shallower than this average north of the equator and deeper to the south (this will be more clearly visible in Figs. 7, 8). This will be a feature of our analytical solutions below and is presently indicated by the intersection of the dashed and solid lines at the equator in the diagram (Fig. 4). As a result, we can determine \( \overline{h} \) from the GCM either via \( \overline{h} = h(0, 0) \) or as the low-latitude basin average of \( h \) (e.g., between 10\(^\circ\)S and 10\(^\circ\)N).

We assume that the interface \( h \) resides inside a vertical range of no motion and vanishing pressure gradients. It separates the northward-flowing AAIW and southward-flowing NADW layers. On the interface, ocean surface pressure gradients are balanced by baroclinic gradients (assumption 1 below). However, \( h(0, y) > \overline{h} \) (i.e., more shallow than \( \overline{h} \)) for \( y > 0 \) and vice versa for \( y < 0 \). As a result, below the interface, horizontal pressure gradients arise, where a taller (where the top is at \( h \)) than average column of water at the WB north of the equator leads to a westward pressure gradient there and a lighter column south of the equator leads to an eastward pressure gradient, as indicated by the arrows going into and out of the page. The AMOC lower limb, indicated by a homogenous field of identical southward velocities, is subject to a Coriolis force that is balanced by the zonal pressure gradient. The bulk of the AMOC lower limb takes place over a depth range \( D \), which is defined as the vertical thickness of the AMOC lower limb.

c. Assumptions and approximations

We use the following assumptions and approximations for the Atlantic at low latitudes:

1) Pressure gradients and velocities become small on the interface \( h \), as explained above.
2) The AMOC lower limb is contained within a zonally narrow strip along the WB, and \( u \ll v \) so that \( u \approx 0 \). As a result, viscous effects are only due to gradients in \( v \); we neglect the second-order spatial derivatives of \( u \). We also neglect \( \sigma^2 u/\partial y^2 \).
3) We approximate the weakly stratified NADW between 1200- and 2400-m depths by a homogeneous water mass.
4) Vertical NADW recirculation inside the Atlantic basin is small relative to AMOC lower limb.
5) Variations in \( h \) are small compared to the total outflow depth \( D \).
6) Finally, this is not an assumption but a definition, we limit our focus to the AMOC lower limb. This depth range is located above the zero streamline delineating the AABW and the NADW in the meridional streamfunction (Fig. 1). Velocities below the zero contour are considered 0 in the analytical model, because they are not counted as NADW flow.

Assumption 1 is trivial in the ocean interior away from the WB, where pressure gradients and velocities are generally small. Assumption 3 implies a rapid density transition of negligible thickness across the level of no motion between the AAIW and NADW flows. The veracity of assumptions 2, 4, and 6 can also be judged from Figs. 2, 1, and 3, respectively.

d. Solutions to the equations of motion

The opposite-moving Atlantic NADW and AAIW water masses (Fig. 1) are separated by a surface of no motion and negligible horizontal pressure gradients (assumption 1). Neglecting stratification inside the NADW column (assumption 3) and assuming cancellation of the ocean surface gradients by the intervening baroclinic gradients at \( h \) (assumption 1), we can express the horizontal pressure gradient...
where \( g' = (g\Delta \rho)/\rho_0 \) is the reduced gravity, \( \Delta \rho \) the density difference between the NADW and AAIW, and \( \rho_0 \) is an average ocean density. The gradient \( \nabla_H \) denotes the horizontal gradient \((\partial/\partial x, \partial/\partial y, 0)\). In our experiments \( \rho_0 = 1035 \text{ kg m}^{-3} \), and in our standard experiment \( \Delta \rho = 0.33 \text{ kg m}^{-3} \). A more complete discussion can be found in appendix A, where the underlying assumptions are specified and a mathematical derivation is given.

We now seek to relate the flow in the deep western boundary current below the interface to the horizontal gradient of \( h \). The southward NADW flow is contained within a WBC of relatively small width, in which the meridional velocity \( \psi \) dominates the zonal velocity (assumption 2) and the meridional velocity has only weak meridional variations. Neglecting the stratification inside the NADW column underneath \( h \) (assumption 3) leads to an approximation of the flow by a vertically constant velocity there. Our focus is on the low latitudes, so we make the beta-plane approximation. Omitting momentum advection and assuming a steady state, the equations of motion for the horizontal velocities at each depth in the NADW depth range are then 

\[
\begin{align*}
0 &= \frac{\partial u}{\partial t} = \beta y u - g' \frac{\partial h}{\partial x} \quad \text{and} \quad (1) \\
0 &= \frac{\partial v}{\partial t} = \frac{\partial^2 \nu}{\partial x^2} - \beta y u - g' \frac{\partial h}{\partial y}. \quad (2)
\end{align*}
\]

where \( \beta \) denotes the value of \( \partial f/\partial y \) at the equator and \( f \) is the Coriolis parameter, now approximated by \( \beta y \). Note that we assume \( u = 0 \), so that the viscous term balances the meridional pressure gradient in Eq. (2).

A detailed derivation of solutions for \((u, v) \) and \( h \) to the equations of motion [Eqs. (1) and (2)] are given in appendix B. The equations of motion suggest a close correspondence between \( v \) and \( h \), and trying a separable solution for \( h \) gives

\[
\begin{align*}
h(x, y) &= \tilde{h} + y s_y e^{-\alpha x} \left[ \frac{\sqrt{3}}{3} \sin(\sqrt{3} \alpha x) + \cos(\sqrt{3} \alpha x) \right], \quad (3) \\
v(x, y) &= -\frac{4}{\sqrt{3}} s_y \frac{g' \Delta \rho}{\beta} e^{-\alpha x} \sin(\sqrt{3} \alpha x), \quad \text{and} \quad (4) \\
M &= \frac{g D}{\rho_0 \beta s_y} \Delta \rho, \quad (5)
\end{align*}
\]

where \( \alpha = \sqrt{3}/(2 \sqrt{A_H}) \) (see appendix B) and \( M \) denotes the NADW outflow. Note that this solution requires \( u = 0 \). If \( A_H \) is known, the surface \( h \) is fully determined by specifying the average depth \( \tilde{h} \) and \( s_y \). Note that \( h \) is linear in \( y \) when \( x \) is held constant, because \( s_y \) is a constant. Note also that \( M \) is also expressed in terms of quantities that can be easily determined from the GCM. We will later determine how well these equations approximate our numerical model. The damped oscillation in \( x \) in Eq. (3) is reminiscent of the \( x \) dependence of pressure in the analytical solution for a zonal section of the Pacific deep western boundary current of Warren (1976). However, he examined only one latitude so that the meridional density structure and the role of the meridional pressure gradient could not be incorporated in that study.

\( e. \) Comparison of analytical solutions with the GCM

To give a general impression of the approximations we used in the analytic model, Fig. 5a shows a vertical profile of velocity at 8.1°N for the westernmost Atlantic \( \nu \) in the GCM. This idealized profile, taking the form of a rectangular (step) function, arises from the idealization of the density field at the western boundary (Fig. 5b) shown in Fig. 5c (assumption 3). The density contours are more tightly packed around the interface \( h \) than inside the NADW water mass (Fig. 5b). Note that we omit density contours in the upper (light) part of Fig. 5b, because they are too tightly packed to be legible. The nonzero velocities below the rectangular function generally belong to the AABW cell underlying the AMOC lower limb (Fig. 1) and are subject to different dynamics than those described in this paper (e.g., Kamenkovich and Goodman 2000). In model configurations where AABW is absent, the space below the rectangular function could be regarded as the ocean floor. Falling outside the scope of our analysis, no density is assigned to it in Fig. 5c (assumption 6).

In the analytic model, we calculate \( \psi \) from Eq. (4), taking from the numerical model \( s_y = (\Delta h/\Delta y)|_{\text{WB}} \) with the change \( \Delta \) taken between 10°S and 10°N and \( \tilde{h} = h(0, 0) \). Equation (1) implies that, in the \( y \) direction, the velocity equals the geostrophic velocity, \( \psi = \psi_{\text{geos}} \). To examine how well \( \psi = \psi_{\text{geos}} \) holds in the numerical model, Fig. 6a shows the quotient \( \psi_{\text{geos}}/\psi \) at the westernmost Atlantic grid cell (where the strongest deviation from geostrophy might be expected, because viscous interaction with the WB is strongest here). This quotient is mostly very close to 1, indicating an excellent agreement. However, there is some discrepancy between \( \psi_{\text{geos}} \) and \( \psi \) immediately south of the equator, although also there the discrepancy is smallest at the core.
of the AMOC lower limb (with a maximal value around 10%–15%). This could be related to $f$ being small near the equator, leading to an inaccurate calculation. Note that the discrepancies are generally smallest in the NADW core, where most of the kinetic energy is dissipated (Figs. 6b,c; see below). In conclusion, $\nu = \nu_{\text{geo}}$ holds well in the GCM at the WB. As a result, only the longitudinal variations of $\nu$ can significantly contribute to viscous dissipation [Eq. (2)].

The solution for $\nu$ shown in Eq. (4) is independent of $y$, with $\nu$ constant along the WBC and small in the interior. For this to be the case in the GCM, as anticipated by the analytic model, the dashed curve in Fig. 7, representing $h$ along a latitudinal section away from the WB ($5^\circ$ to the east in this case), is horizontally flat, whereas $h$ at the WB $h(0, y)$ is approximately linear with positive slope (solid curve). The interface $h$ lies inside a vertical interval of low velocities (Fig. 7a) and pressure gradients (Fig. 7b), in accordance with assumption 1.

The twisted interface $h$ is associated with a relatively homogeneous southward flow below it (Fig. 7a). The Coriolis force on this flow is balanced by the pressure gradient below $h$ shown in Fig. 7b. Importantly, the western boundary section $h(0, y)$ of $h$ crosses the average depth value (approximated by the shown isopycnal at $5^\circ\text{E}$ of the western boundary) at the equator $y = 0$, leading to a zonal pressure gradient reversal underneath (Fig. 7b). These elements are also indicated in the cartoon diagram in Fig. 4.

To examine whether $(\nabla h \delta \rho/\delta \rho) = g' \nabla h$ is an appropriate approximation to the GCM, Fig. 8 shows the interfacial isopycinal depth $h$ in the GCM, the zonal pressure gradient obtained directly from the GCM, and the zonal pressure gradient calculated from $h$. As said, here we use $\Delta \rho = 0.33 \text{ kg m}^{-3}$, diagnosed by taking the density difference between 2000-m depth (NADW) and 1000-m depth (AAIW) at the equator. There is a good agreement between the GCM pressure gradient (Fig. 8c) and that calculated via $(1/\rho) (\delta \rho/\delta x) = g' (\delta h/\delta x)$ (Fig. 8d).

The analytical interface $h$ obtained from Eq. (3) shown in Fig. 8a compares favorably with $h$ obtained from the GCM (Fig. 8b). In both cases, $h$ shoals north of the equator in the WBC region and deepens to the south, and values close to $h$ are attained near the equator. The interior away from the WB remains relatively horizontal compared to the WBC region in both cases, with smaller undulations. Deepening of $h$ associated with zonal flow farther away from the equator is present in the GCM, especially in the northeast corner, but absent in the analytical solution, indicating the limited validity of our approach there.

To further compare the analytically determined $h$ and the underlying $\nu$ with the GCM, Figs. 9 and 10 show zonal profiles near the WBC of $h$ and $\nu$ at three different latitudes and two depths. Again, the analytical solutions do not yield $\widehat{h}$, so this value has to be specified. As done above, $\widehat{h}$ has been taken as the value of $h$ at the western boundary at the equator. We checked that similar results to those shown here are obtained for alternative definitions of $\widehat{h}$, where we chose $\widehat{h}$ inside the ocean interior away from the WB at the latitude of the zonal profile.

**Fig. 5.** Values at the Atlantic WB grid cell of (a) the meridional velocity $\nu$ (m s$^{-1}$) at $8.1^\circ\text{N}$ where values from the numerical model are black and values from the analytical theory are red, (b) $\sigma$ (kg m$^{-3}$) with $\rho$ referenced to 1200-m depth, and (c) an idealization of the density at the WB. The interface $h$ is indicated by a bold contour in (b). The idealization in (c) approximates $\sigma$ in the NADW depth range by $\sigma_{\text{NADW}}$ and $\sigma$ above $h$ by $\sigma_{\text{AAIW}}$. Taken from 10-yr average.
indicating that the approximation works best near the equator. The very good agreement of the width of the profile near the equator lends credence to the formula \( a = \frac{3}{2}(\beta/8A_h) \) there. The overshoot to positive values in \( v \) (GCM) away from the western boundary is also present in both the numerical model and the analytical solution (e.g., Fig. 9c). The slope \( \partial h/\partial x \) becomes 0 at the western boundary in the analytical solution to allow \( v = 0 \) there. This feature is absent in the numerical result, because it falls below the model resolution. Nonetheless, the westernmost \( v \) attains a similar value to the \( y \) component of the geostrophic velocity in the numerical model (see above).

**f. AMOC under varying forcing**

Figure 11 shows the NADW outflow (at 32°S) \( M \) for eight other experiments with the GCM where we have changed the atmospheric moisture diffusivity (see section 2) so as to achieve different overturning rates in response to altered buoyancy fluxes, in order to test the general applicability of the analytic description. In each experiment, the model was integrated for more than 6000 yr in order to attain a steady state. The hydrological cycle is meridionally asymmetric in our model, and enhancing moisture diffusivity leads to greater freshwater transport to the Southern Ocean (see Saenko et al. 2003; Sijp and England 2009). Increases in the product \( s_y D_r \) (via increasing moisture diffusivity) leads to increased NADW outflow \( M \) in the numerical model (Fig. 11b), and a generally good agreement is maintained between the numerical model and \( M \) calculated from Eq. (5). In each instance, the same procedure was followed to obtain \( s_y \). We used \( D = 1200 \) m for the NADW outflow depth, instead of the full 1500 m, to account for the vertical ramping of \( v \) at the water mass boundary. This procedure may need to be more flexible under extreme changes in the model because \( M \) depends on both \( D_r \) and \( s_y \). Both factors contribute to the increase in \( M \) (Fig. 11a). Included in the eight experiments are two where the moisture diffusivity field has been replaced by a spatially constant field (as in Sijp and England 2009). These are the two experiments with lowest rates \( M \) (the two leftmost points in Fig. 11b), where a spatially constant moisture diffusivity of 106 m2 s−1 leads to \( M = 7.8 \) Sv and a diffusivity of 0.8 \( \times \) 106 m2 s−1 leads to \( M = 6.8 \) Sv. Interestingly, the difference in \( M \) between these two experiments arises almost solely from a difference in slope \( s_y \).

**g. Energetics**

The equations of motion yield the time evolution of kinetic energy density \( e_{\text{kin}} \) via multiplication by \( v \), giving
The first term of the last expression is a divergence and can be recognized as the zonal transport of kinetic energy by viscous forces. The viscous KE transmission is mostly zonal and confined inside the western boundary (and so vanishes in the zonal integral), and the advection of KE is negligible (as in Gregory and Tailleux 2011). The second term,

\[
-\rho_0A_H \left( \frac{\partial v}{\partial x} \right)^2 = -4\rho_0A_H \nu_0 a^2 e^{-2\alpha x} \sin^2 \left( \sqrt{3}\alpha x + \frac{2\pi}{3} \right),
\]

FIG. 7. Values at Atlantic WB of (a) meridional velocity $v$ (m s$^{-1}$) and (b) zonal pressure gradient (Pa m$^{-1}$). Overlaid are the depth of the AAIW–NADW interfacial isopycnal at the WB (solid) and 5$^\circ$ longitude east of the WB (dashed).

FIG. 8. (a) Depth of AAIW–NADW interface $h$ (m) calculated from Eq. (3), (b) depth of AAIW–NADW interface $h$ (m) obtained from annual average GCM output, (c) zonal pressure gradient (Pa m$^{-1}$) obtained from annual average GCM output, and (d) zonal pressure gradient (Pa m$^{-1}$) obtained from the zonal slope of the interface $h$ ($h$ obtained from GCM). Note that the WB of the idealized Atlantic is at 90$^\circ$ longitude.
is the rate of viscous dissipation of energy per unit volume. The third term is the rate of potential energy conversion derived from the sloped overlying surface \( h \). This term is the rate of work done by the pressure gradient inside the NADW water column. In steady state, \( \partial e_{\text{kin}} / \partial t = 0 \), yielding a budget for the conversion of potential energy into kinetic energy and then into heat by viscous dissipation.

Zonal integration over the WBC domain leaves only the integrals of the viscous dissipation rate term \( \rho_0 A_H \left( \partial \bar{u} / \partial x \right) ^2 \) and the potential energy conversion rate \( - \rho_0 g \bar{u} \left( \partial h / \partial y \right) \), as the transport term vanishes. This means that, although the component \( \bar{u} \) [but not the vector \((u, \bar{v})\)] satisfies the geostrophic equation, the strong zonal gradient in \( \bar{v} \) near the western boundary allows for the conversion of potential energy derived from the meridionally sloped surface \( h \) into heat via viscous dissipation.

Locally, the two processes are linked via zonal viscous energy transport. This situation is shown in Fig. 10d, where the energy rate terms are shown. Potential energy is converted into kinetic energy near the core of the current, whereas viscous zonal energy transport allows this energy to be dissipated viscously close to the western boundary, where the gradient in \( \bar{v} \) is the largest. A small amount of this energy is also transported to the opposite shoulder away from the western boundary, where the gradient in \( \bar{v} \) is also large. Gregory and Tailleux (2011) describe the conversion of work done by the pressure gradient into kinetic energy and then heat via viscous dissipation in the third climate configuration of the Met Office Unified Model (HADCM3) and Fast Met Office/ U.K. Universities Simulator (FAMOUS) models. Their Fig. 4 shows that work done by the pressure gradient is balanced by viscous dissipation and that dissipation via horizontal diffusion dominates wherever pressure gradient work is positive. This is in agreement with our results. As in Gregory and Tailleux (2011), the pressure gradient is allowed to do work because it is not entirely perpendicular to the velocity due to vanishing \( \bar{u} \). In the present analytical model, deviation from geostrophy is only due...
to viscous effects allowing $u = 0$, a small effect. Gregory and Tailleux (2011) argue that, even though departure from geostrophy is usually small, it is nevertheless essential for the energy budget of the oceans, because it is the term responsible for the conversion of potential energy into kinetic energy all the way along the western boundary.

Interestingly, the potential energy is converted from the meridional slope. Although one can determine $v$ from the zonal slope $\partial h/\partial x$, this tells us little about what physical processes determine or limit $v$. In contrast, the fact that potential energy is converted from the meridional slope of $h$ (and due to the $\Delta \rho$ across it) allows a statement about what global factors determine $v$; namely, a portion of the rate of potential energy generation across the basin. Although this is consistent with the view recently advocated by Tailleux (2009) and Hughes et al. (2009), it is
difficult to infer overturning strength from global energy budgets here. We make no attempt to determine this portion from the global energy budgets and only state that, once available, $s_y$ and $\Delta \rho$ are such that the rate is proportional to $(s_y \Delta \rho)^2$ and therefore always positive. Interestingly, the latter quantity is similar to the expression for the available potential energy (APE) in a two-layer model separated by a horizontally sloping interface, yielding a further connection to APE theory. We therefore find that the meridional gradient of $h$ and the density difference across it is a more fundamental determinant of $\nu$ than the zonal gradient, whereas the zonal pressure gradient adjusts in response and so yields no information about what sets $\nu$.

We can express the zonally integrated energy dissipation rate density (“energy dissipation” for short) in terms of the velocity. Recall from appendix B that $V(y, z) = \int_0^\infty \nu \, dx = (v_y \sqrt{3})/(4\alpha)$ (where we take $x = 0$ at the western basin margin). Then, the energy dissipation is

$$W(y, z) = \int_0^\infty \rho_0 A_H \frac{\partial u}{\partial x}^2 \, dx$$

$$= 4\rho_0 A_H \alpha^2 v_0 \int_0^\infty e^{-2\alpha x} \sin^2 \left(\sqrt{3}\alpha x + \frac{2\pi}{3}\right) \, dx$$

$$= \frac{3}{4\rho_0 A_H \alpha \nu_0^2}.$$ 

Here, we have used

$$\int_0^\infty e^{-2\alpha x} \sin^2 \left(\sqrt{3}\alpha x + \frac{2\pi}{3}\right) \, dx = \frac{3}{16\alpha}.$$ 

Substituting $v_0$ and recalling (appendix B) $\alpha^3 = \beta/(8A_H)$, we obtain

$$W = \frac{1}{2} \rho_0 BV^2 = \frac{3}{2} \frac{g^2}{\rho_0^2} \Delta \rho^2 s_y^2.$$ 

The energy dissipation calculated from model data using (6) is shown in Fig. 6c and compares reasonably well with the energy dissipation calculated via the rate of work done by the pressure gradient, $-\nabla \rho \cdot \mathbf{v}$ (Fig. 6b). This lends support to our energy analysis. The energy dissipation is confined to the low latitudes where our approximation works best, rendering our framework a good tool for calculating the total energy dissipation associated with the lower limb of the AMOC. Equation (6) also suggests that $W \approx M^2$. Note that $W$ depends on $\beta$, suggesting that energy dissipation depends on the rotation rate and its local rate of change with latitude.

Undulations in $h$ are associated with available potential energy that could be released by pressure work arising from the ensuing pressure gradients. Unlike a nonrotating case, the meridional slope of $h$ near the WB is the only slope from which the available potential energy can be released in this manner. This work is done in the lower limb of the AMOC, mostly at the latitudes where our approximation is most valid, yielding an estimate of the energy dissipation rate associated with this flow. The creation of the available potential energy is associated with diapycnal mixing, wind stress, and surface buoyancy forcing (Hughes et al. 2009). The precise energy pathways leading to the potential energy tied up in the meridional slope of $h$ at the WB are diverse and beyond the scope of this study, although we can already say that buoyancy forcing changes that increase $\Delta \rho$ would also increase the work done by the meridional pressure gradient field and so the energy dissipation rate. This is then associated with a stronger AMOC. Also, a deeper $\bar{h}$ would likely yield a larger $s_y$, because $h$ remains constrained by its outcrop region in the north, leading to a higher energy dissipation rate and stronger flow. The available potential energy related to $h$ in the Atlantic is related to its average depth $h$, which in turn is strongly related to the depth of $h$ at $32^\circ S$, a value that is influenced by the SH westerlies. Local wind stress also constrains the shape $h$ at the northern outcrop regions by steepening isopycnals there, suggesting a role for both basin-scale wind stress and buoyancy forcing in determining $s_y$. Also, the steepening of $h$ near its outcrop region suggests that the average depth $\bar{h}$ determines an upper bound $s_y^{\max}$ to $s_y$, $s_y^{\max} = \bar{h}/L_y$, where $L_y$ is the distance between the equator and the latitude of the North Atlantic outcrop region of $h$. This also yields an upper bound for $M$ and the potential energy that can be converted from $h$ (via pressure work), provided $\Delta \rho$ remains constant. Finally, eddies remove potential energy by flattening $h$ via the Gent–McWilliams (GM) parameterization. This effect is strongest in the SO and less important inside the basin (Kamenkovich and Sarachik 2004).

4. Summary and conclusions

We have proposed a new analytical description of the AAIW–NADW interface $h$ and the underlying DWBC at low latitudes. This has allowed us to understand the processes limiting the NADW outflow rate and the mechanisms that make the flow locally dependent on the AAIW–NADW density difference. Our approach works best near the equator (e.g., between $10^\circ S$ and $10^\circ N$) and becomes somewhat less accurate at high northern latitudes and around $30^\circ S$. Nonetheless, the low-latitude validity of the description allows us to obtain a more general scaling for the NADW outflow...
rate $M$, because the flow must pass the low latitudes to exit the basin. Our approximation to the vertical profile of $v$ is a Heaviside function, whereas the GCM exhibits a more gradual profile sculpted by further subtle density transitions inside the NADW column. Despite the simplicity of this approximation, a function for $M$ in terms of $s_y \Delta \rho$ is obtained that compares very favorably to the GCM. We offer no precise description of how buoyancy forcing affects the density field, although this will be needed in a future study to link the overturning to surface forcing. Finally, our approach does not capture the underlying AABW cell and does not yield an expression for the NADW column thickness $D$. Instead, this must be estimated from the GCM output. Furthermore, no description is offered of the upper branch of the AMOC.

A brief energy analysis shows that potential energy arising from the meridional slope of $h$ is converted into kinetic energy and then viscously dissipated. This yields a constraint on the flow: namely, the rate of basinwide potential energy production via this slope. In contrast, the zonal slope is a passive response arising from a geostrophic adjustment mechanism, perhaps similar in essence to that described in Johnson and Marshall (2002). Indeed, the deep meridional velocity can be derived from the zonal pressure gradient via a thermal wind balance, but this procedure yields no information about the driving mechanisms maintaining this dissipative flow. Gregory and Tailleux (2011) also emphasize the role of this energy conversion process in limiting the NADW overturning rate. The analytical expression for $h$ [Eq. (3)] provides a relationship between the zonal and meridional pressure gradient.

Scaling of the upper limb of the AMOC generally involves linking zonal to meridional pressure gradients and velocities and employ basinwide zonal scales (see De Boer et al. 2010, for a discussion). In contrast, we show here that the zonal scales of these quantities are the WBC width for the AMOC lower limb. Here, the AMOC is described as a dissipative system largely confined to the western boundary region, where available potential energy associated with local density structure is converted into kinetic energy, yielding a constant velocity subject to viscous drag at each latitude. This suggests the importance of future investigation of the relationship between this study and the studies by Hughes et al. (2009) and Tailleux (2009), who stress the importance of available potential energy in facilitating the transfer of kinetic energy to the background potential energy in maintaining the AMOC and that the rate of transfer between different energy reservoirs is more important than the total available potential energy.

Our deep circulation differs from that proposed by Stommel and Arons (1960), who assume a uniform abyssal upwelling across the Atlantic thermocline base. In contrast, we assume little or no low-latitude Atlantic upwelling, as in observations (Talley et al. 2003) and our numerical model (see section 2). Also, the horizontal abyssal recirculation characteristic of the Stommel and Arons (1960) model is absent in our numerical model (Fig. 2) and analytical model. The Stommel and Arons (1960) approach regards the DWBC as a passive response to the introduction of a mass source (deep sinking) in the deep layer located in the North Atlantic. In contrast, in our approach the DWBC is coupled to the overlying interfacial surface $h$, and both interact to evolve to a steady state.

Our experiments take place in a flat-bottom idealized numerical model below eddy-permitting resolution, yielding a relatively quiescent deep circulation away from the western boundary. In contrast, several recent observational studies find that subsurface floats injected within the DWBC of the Labrador Sea are commonly advected into the North Atlantic deep interior, in apparent contrast to the view that the deep water formed in the North Atlantic predominantly follows the DWBC (e.g., Bower et al. 2009; Lozier 2010). Indeed, in the ocean eddy-permitting model of Spence et al. (2012), a portion of NADW separates from the western boundary and enters the low-latitude Atlantic via interior pathways distinct from the DWBC, with a total southward transport off shore of the DWBC of about 5 Sv at 35°N. However, unlike the model used in the present study, that study employs also a detailed ocean bathymetry, whereas the present study seeks to isolate the AMOC scaling factors in a simple setting. Furthermore, the NADW recirculation described in Spence et al. (2012) takes place at or to the north of our domain of interest while, as in our study, southward flow is the norm within most of the low latitudes also in their model. Also, our approach assumes a dominant role for the viscous dissipation of momentum in the horizontal direction, whereas in the real system bottom pressure torques may play a significant role (Hughes and de Cuevas 2001). However, the results discussed here apply to non-eddy-resolving models and provide a better understanding of their behavior. Furthermore, the details of the energy dissipation can be adjusted in our framework.

De Boer et al. (2010) find that the AMOC scale depth is set by the depth of the maximal AMOC streamfunction, instead of the pycnocline depth, and emphasize that these depths differ. This is in agreement with our experiments, because $\tilde{h}$ represents this scale depth. However, although the meridional slope $s_y$ of $h$ at the western boundary is related to $\tilde{h}$ because $h$ must outcrop near the northern boundary, we find no direct or simple way to link $s_y$ to $\tilde{h}$. This is because the slope $\partial h/\partial y$ is only
constant along the boundary at low latitudes and increases sharply north of 50°N. There is an indirect link, because deepening of $\bar{h}$ would yield greater isopycnal slopes near the northern boundary and therefore more available potential energy. The availability of this extra potential energy to the AMOC then determines how available potential energy. The availability of this extra slopes near the northern boundary and therefore more increases sharply north of 50°. Processes influencing $\bar{h}$ take place in the Southern Ocean (e.g., Gnanadesikan 1999) as well as via diapycnal mixing and the horizontal distribution of buoyancy at the ocean surface, thus supplying energy to the deep WBC and determining outflow rates. Furthermore, AABW constrains the vertical extent $D$ of the AMOC lower limb as well as influencing $h$, providing a further constraint.

We determine the constants needed in our $M$ scaling more directly from our numerical model so that we can verify our formula against numerical model results without tuning the result to fit the overturning rate or deep velocities, yielding a good validation of our analytical model. Nonetheless, our basin geometry is rectangular, and our approach may require the introduction of further geometrical factors in models with a more realistic and irregular geometry. Furthermore, geometrical factors enter our considerations via the choice of location where we conduct our analysis (low latitudes) and the depth range $D$ of the NADW outflow. Nonetheless, we provide further insight into the origins of geometrical constants and provide a scaling where factors can be obtained from GCM output [Eq. (6)]. We link this to the local mechanisms at play in driving the NADW outflow. The depth of the NADW outflow, the density difference between the stacked water masses, and the meridional slope of their interface at the western boundary need to be determined to yield the NADW outflow rate.

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APPENDIX A

Vanishing Pressure Gradient on Interface $h$

We examine an isopycnal surface $h$ of density $\rho_0$, situated between the tongues of AAIW and NADW moving in opposite directions. These flows are essentially pressure driven (see also Gnanadesikan 1999), and $h$ resides inside a depth range where velocities and pressure gradients are small (see Fig. 7b). We assume the ocean is in hydrostatic balance, $\partial \rho / \partial z = -g \rho$, for $z$ increasing in the upward direction and zero at the sea surface, where $p$ is pressure, $g$ is gravity, and $\rho$ is ocean density. Therefore, $(\partial \mathbf{v}_H \rho(z))/\partial z = -g \mathbf{V}_H \rho(z)$, yielding $\mathbf{V}_H \rho(z) = \mathbf{V}_H \rho_0 + g \int_0^z \mathbf{V}_H \rho(\tilde{z}) d\tilde{z}$, where $\mathbf{V}_H \rho_0$ is the rigid-lid pressure gradient at the lid surface $z = 0$. The gradient $\mathbf{V}_H$ denotes the horizontal gradient $(\partial/\partial x, \partial/\partial y, 0)$. We will only be concerned with horizontal pressure gradients and velocities, because isopycnal slopes are very small in our region of interest, and the horizontal velocity scale generally exceeds the vertical velocity scale by a factor of $10^3$. The interface depth $h$ is simply such that $\mathbf{V}_H \rho(z)/h = 0$ at $z = h$ (assumption 1) so, for any $z < h$,

$$\mathbf{V}_H \rho(z) = \mathbf{V}_H \rho_0 + g \int_0^h \mathbf{V}_H \rho(\tilde{z}) d\tilde{z} + g \int_z^h \mathbf{V}_H \rho(\tilde{z}) d\tilde{z} = g \int_z^h \mathbf{V}_H \rho(\tilde{z}) d\tilde{z}.$$

Hence, the geostrophic velocity

$$v(z) = 1/f \rho_0 \partial \rho / \partial x = g/f \rho_0 \int_z^h \partial \rho / \partial x dz$$

and similarly for $u(z)$.

Now, along an isopycnal surface $z_\rho$ of density $\rho$, we have

$$\partial \rho / \partial x + \partial \rho / \partial y dy + \partial \rho / \partial z dz = 0,$$

so

$$\partial \rho / \partial x = -\partial \rho / \partial z \partial z_\rho / \partial x,$$

where $z_\rho$ denotes the depth of the isopycnal of density $\rho$. Then

$$v(z) = -g \rho_0 \int_z^h \partial \rho(\tilde{z}) \partial z_\rho / \partial x dz.$$

We now approximate the density distribution over $z \in [-\infty, h]$ as $\rho(z) = \rho_{NADW} - (\rho_{NADW} - \rho_{AAIW})H(z - h)$, where $H$ is the Heaviside function. Note that we generally take $\rho_{NADW}$ to be the density at the western boundary, the equator, and 1800-m depth (the core of the outflow). Here, $\rho_{AAIW}$ is defined at the same horizontal location at 1000-m depth. This crude approximation to the density
field amounts to assigning a single uniform density to the NADW water mass $\rho_{\text{NADW}}$ and assuming a relatively rapid density transition from $\rho_{\text{AAIW}}$ to $\rho_{\text{NADW}}$ across $h$ (assumption 3). Then, $\partial \rho / \partial z = -(\rho_{\text{NADW}} - \rho_{\text{AAIW}}) \delta(z - h)$, where $\delta$ is the Dirac delta function, and substituting this in the $z$ integral gives

$$v(z) = \frac{g}{\rho_0} f (\rho_{\text{NADW}} - \rho_{\text{AAIW}}) \frac{\partial h}{\partial x} = \frac{g'}{f} \frac{\partial h}{\partial x}$$

for $z < h$, where $g' = (g \Delta \rho) / \rho_0$ is the reduced gravity. We generally assume the beta-plane approximation $f = \beta y$. We estimate an effective thickness $D$ of about 1200 m for the NADW outflow, leading to a maximal NADW outflow depth $h + 1200 \approx 2400$ m. This choice can be regarded as a geometrical factor (see section 1), and visual inspection of Fig. 1 suggests it is a reasonable choice. We ignore the contribution to the NADW outflow below this depth, because by definition the NADW flow resides above the zero contour (Fig. 1). We define $v = 0$ there for our purposes. In reality, further density gradients give rise to a reduction in flow below the NADW. The zonal maxima of the analytically determined meridional velocity generally coincide with $v$ at the westernmost Atlantic grid cell in the GCM (Figs. 9, 10).

**APPENDIX B**

**Derivation of Solution to Equations of Motion**

Here, we derive useful solutions to the equations of motion [Eqs. (1) and (2)]. We restate the equations in the more general form using $f$ and without the beta-plane approximation used in the main text (the approximation will be introduced below),

$$0 = \frac{\partial u}{\partial t} = f v - g \frac{\partial h}{\partial x} \quad \text{and} \quad (B1)$$

$$0 = \frac{\partial v}{\partial t} = A_H \frac{\partial^2 v}{\partial x^2} - f u - g \frac{\partial h}{\partial y}. \quad (B2)$$

Recall that $u \approx 0$, which will be used below. We cross differentiate the equations of motion to obtain the vorticity equation

$$-A_H \frac{\partial^2 v}{\partial x^2} + \beta v + f \left( \frac{\partial u}{\partial x} + \frac{\partial v}{\partial y} \right) = 0.$$

Near the equator, where $f$ goes to zero, the vorticity balance is well approximated by $\partial^2 v / \partial x^2 = (\beta v) / A_H$. Note also that the weak NADW recirculation in our model (Fig. 1, assumption 4) renders the horizontal flow largely divergence free inside the NADW depth range, also rendering the third term small. Interestingly, this equation can be recognized as that governing the boundary layer solution in Munk’s (1950) model of wind-driven circulation. The physical solution along the western boundary is simply given by $v = v_0(y) e^{-a x} \sin(\sqrt{3} a x)(g' / \beta)$, where $v_0(y)$ is an undetermined function of $y$ and $a = r_{1/2} = 0.5(\beta / A_H)^{1/3}$. Note that $v$ appears separable in $x$ and $y$. This motivates writing $h = \bar{h} + F(x) G(y)$. Here, $F$ represents a longitudinal profile and $G$ is the latitudinal amplification of this profile to satisfy geostrophy in Eq. (B1), where $G(0) = 0$. Because we are only discussing the dynamics for the low latitudes, we shall now assume a $\beta$-plane approximation and take for $\beta$ its value at the equator. Equations (1) and (2) indicate a close correspondence between the $x$ dependence of $v$ and $h$, and trying

$$h(x, y) = \bar{h} + y s_y e^{-\alpha x} \left[ \frac{\sqrt{3}}{3} \sin(\sqrt{3} \alpha x) + \cos(\sqrt{3} \alpha x) \right]$$

gives

$$v_0 = -\frac{g' s_y}{2 \sqrt{3} A_H \alpha^2} = -\frac{4}{\sqrt{3} \alpha^2} x^2 \frac{g'}{\beta},$$

where $s_y$ is simply the constant slope of $h$ at the western boundary. It is likely determined by nonlocal factors. Also, $u = 0 [-\beta y u$ is the only $y$-dependent term in Eq. (2)]. The integrated transport in the boundary layer is therefore

$$V = v_0(y) \int_0^\infty e^{-a x} \sin(\sqrt{3} a x) d x = \frac{v_0(y) \sqrt{3}}{4 \alpha} = -\frac{g' s_y \sqrt{3}}{\beta},$$

which is independent of $A_H$, as in Munk (1950). Note that here we take $x = 0$ at the western basin margin.

Multiplying $V$ by the vertical extent of the NADW column $D$ yields the NADW outflow. We thus assume that the variations in $h$ are small compared to $D$. This yields Eqs. (3)–(5).

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